

EDUCATIONAL PROGRAM

[YOUR *Whole* SELF]

*For teens, adults, and
community members*

The Your Whole Self program is a holistic approach to decision-making in all areas of life. Learn how your body works, practice self-care, and improve how you relate to others.

These classes start where you are and help empower you to be the best that you can be.



We're here for you!

Questions?

Call 717.394.1561 for more
information and to make
an appointment.



1102 Millersville Pike
Lancaster, PA 17603
717.394.1561
PregnancyLancaster.com

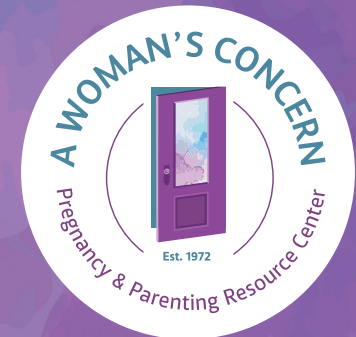
PREGNANCY HELP



WOMEN · MEN · FAMILIES

Programs & Services

at AWC



PregnancyLancaster.com | 717.394.1561



A Woman's Concern

is a nonprofit organization dedicated to empowering our community to make informed decisions.

We know life can be hard. We're here to help you face the unexpected with confidence and strength. We provide compassionate support, education, and medical services—all confidential and at no cost to you.

No insurance needed.

No eligibility requirements.

717.394.1561

PregnancyLancaster.com

Pregnancy & Medical Services



Pregnancy confirmation



Pregnancy options information



Limited ultrasound exams



Limited STI/STD testing



Support Services

- Material assistance for those who need it
- Community agency referrals
- After-abortion support & resources



Educational Programs

PARENTING EDUCATION PROGRAM

For anyone pregnant or parenting a child under age one

Our Strong Families parenting education program helps to answer many of the questions you may have about pregnancy, newborn care, and parenting skills to build your confidence as a parent.

COURAGEOUS DADS

For fathers and fathers-to-be

This program helps develop awareness and skills to be a better father and partner through workshops & classes, because strong fathers help build stronger families.