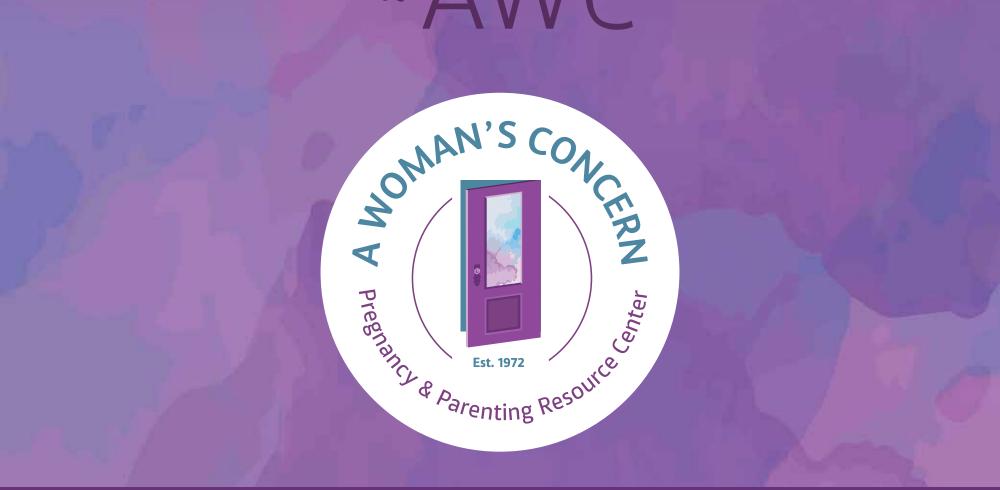
PREGNANCY HELP

WOMEN · MEN · FAMILIESProgramsPrograms& Servicesat AMC



PregnancyLancaster.com | 717.394.1561



A Woman's Concern

is a nonprofit organization dedicated to empowering our community to make informed decisions.

We know life can be hard. We're here to help you face the unexpected with confidence and strength. We provide compassionate support, education, and medical services all confidential and at no cost to you.

No insurance needed. No eligibility requirements.

717.394.1561 PregnancyLancaster.com

Pregnancy & Medical Services



Pregnancy confirmation



Limited ultrasound exams



Pregnancy options

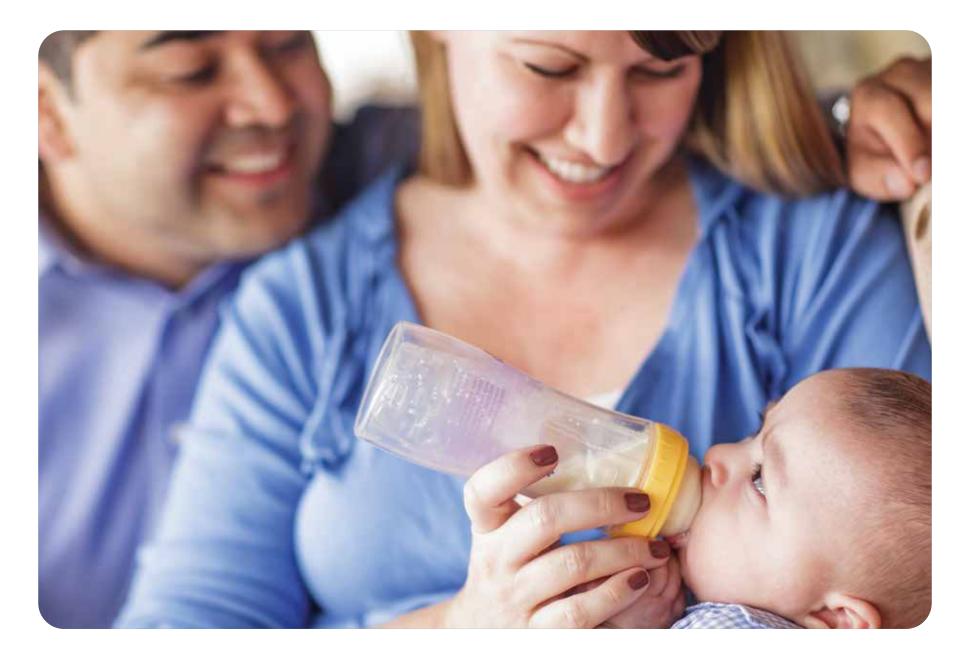
information

Limited STI/STD testing



Support Services

Material assistance for those who need it
Community agency referrals
After-abortion support & resources



Educational Programs

PARENTING EDUCATION PROGRAM

For anyone pregnant or parenting a child under age one

Our Strong Families parenting education program helps to answer many of the questions you may have about pregnancy, newborn care, and parenting skills to build your confidence as a parent.

COURAGEOUS DADS For fathers and fathers-to-be

This program helps develop awareness and skills to be a better father and partner through workshops & classes, because strong fathers help build stronger families.

EDUCATIONAL PROGRAM [YOUR Whole SELF]

For teens, adults, and community members

The Your Whole Self program is a holistic approach to decision-making in all areas of life. Learn how your body works, practice self-care, and improve how you relate to others.

These classes start where you are and help empower you to be the best that you can be.



Were here lor you! Questions?

Call 717.394.1561 for more information and to make an appointment.



1102 Millersville Pike Lancaster, PA 17603 717.394.1561 PregnancyLancaster.com